



1955 - 1956

# RECIPES & MENUS

TYPE A SCHOOL FEEDING PROGRAM

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**JOHN Sexton & co.**

ESTABLISHED 1883

MANUFACTURING WHOLESALE GROCERS

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# SEPTEMBER MENU

## First Week

## Second Week

## Third Week

## Fourth Week

**LABOR  
DAY**



### M O N D A Y

Baked Ham Loaf  
Hashed Brown Potatoes  
Green Beans, Southern Style  
Enriched Bread  
Butter or Fortified Margarine  
½ pint Whole Milk

Fruit Juice  
Peanut Butter, Jelly on Enriched  
Bread spread with Butter or  
Fortified Margarine  
Tomato Wedges  
Butter Mixed Vegetables  
½ pint Whole Milk

Hungarian Goulash  
Buttered Green Beans  
Molded Cranberry Salad  
Whole Wheat Roll  
Butter or Fortified Margarine  
½ pint Whole Milk

### T U E S D A Y

Grilled Tomato on Toast  
Cheese Sauce  
Apple, Grape, Cabbage Salad  
Crunchy Oatmeal Cooky  
Butter or Fortified Margarine  
½ pint Whole Milk

Hawaiian Punch  
Egg Salad on Enriched Bread  
spread with Butter or  
Fortified Margarine  
Shredded Lettuce, Tomato Salad  
Pineapple Upside Down Cake  
½ pint Whole Milk

Meat Balls, Spaghetti  
Vegetable Slaw  
Baked Stuffed Apple  
Enriched Bread  
Butter or Fortified Margarine  
½ pint Whole Milk

Vegetable Soup  
Hamburger on a Bun  
spread with Butter or  
Fortified Margarine  
French Fried Onions  
Fruit Pudding  
½ pint Whole Milk

### W E D N E S D A Y

Beef Barbecue on Bun  
spread with Butter or  
Fortified Margarine  
Garden Salad  
Baked Stuffed Apple  
½ pint Whole Milk

Pizza Pie Americana  
Buttered Corn  
Wilted Lettuce  
Enriched Bread  
Butter or Fortified Margarine  
½ pint Whole Milk

Corn Beef Hash Patty,  
Tomato Sauce  
Buttered Peas  
Lime Gelatin Salad  
Hot Biscuit  
Butter or Fortified Margarine  
½ pint Whole Milk

Meat Pin Wheels  
Whipped Potatoes  
Lettuce, Spinach, Tomato Salad  
Enriched Bread  
Butter or Fortified Margarine  
½ pint Whole Milk

### T H U R S D A Y

Tomato Juice  
Baked Bean Casserole  
Mixed Fruit Salad  
Poppy Seed Rolls  
Butter or Fortified Margarine  
½ pint Whole Milk

Escalloped Potatoes,  
Vienna Sausage  
Buttered Spinach  
Molded Fruit Salad  
Rye Rolls  
Butter or Fortified Margarine  
½ pint Whole Milk

Grilled Pork Patty  
Browned Potato  
Apple Sauce Salad  
Enriched Bread  
Butter or Fortified Margarine  
½ pint Whole Milk

Barbecue Frankfurters  
Buttered Peas and Carrots  
Banana Grapefruit Salad  
Hard Roll  
Butter or Fortified Margarine  
½ pint Whole Milk

### F R I D A Y

Salmon Croquettes,  
Tomato Sauce  
Whipped Potatoes  
Lemon Delight Salad  
Butter or Fortified Margarine  
½ pint Whole Milk

Tuna Pie  
Creamed Peas  
Lettuce Tomato Salad  
Whole Wheat Bread  
Butter or Fortified Margarine  
½ pint Whole Milk

Fish in Season  
Creamed Potatoes  
Stuffed Apricot Salad  
Fruit Muffin  
Butter or Fortified Margarine  
½ pint Whole Milk

Baked Macaroni and Cheese  
Buttered Beets  
Stuffed Celery, Carrot Sticks  
Poppy Seed Roll  
Butter or Fortified Margarine  
½ pint Whole Milk